



BHARTIYA SHIKSHAN SANSTHA'S

**SHRI DNYANESH MAHAVIDYALAYA, NAWARGAON, DIST. - CHANDRAPUR 441223**

NAAC Re-accredited 'B' Grade (CGPA 2.40)

ISO 9001 : 2015

**DR. SURESH S. BAKARE**, M.Sc., B.Ed., M.Phil., Ph.D.

Principal

• Office: 07178258328, 258548 • Residence : 258422 • Mobile : 9423116421, 9767006024

**Sports and Physical Education Department,  
Gondwana University, Gadchiroli & Shri Dnyanesh  
Mahavidyalaya, Nawargon Dist. Chandrapur**  
Jointly organized 2 days (26<sup>th</sup> & 27<sup>th</sup> April 2021) Webinar

**Webinar Schedule**

(26<sup>th</sup> April 2021)

Comarar - Dr. Lokhande Madam, Director Sports & Physical Education Dept.  
Gondwana University, Gadchiroli

**Introductory remark -**

Dr. Bakare, Principal Shri Dnyanesh Mahavidyalaya, Nawargon

**Inaugural address -**

Hon'ble Vice Chancellor Dr. Kawale Sir Gondwana University, Gadchiroli

**Introduction of Resource Person -**

Dr. Mardikar Madam (Director Sports & Physical Education Dept. Institute of  
Science Nagpur) by Dr. Manoj Armarkar Director Sports & Physical Education  
Dept. Shri Dnyanesh Mahavidyalaya, Nawargaon

**Talk on**

**"How to built-up our Immune system"**

by Dr. Mardikar Madam Director Sports & Physical Education Dept. Institute of  
Science Nagpur

**Vote of thanks -**

Dr. Lokhande Madam, Director Sports & Physical Education Dept. Gondwana  
University, Gadchiroli

(27<sup>th</sup> April 2021)

**Introduction of Resource Person -**

Dr. Sharad Suryavanshi ( Director Sports & Physical Education R.T.M. Nagpur  
University, Nagpur) by Dr. Manoj Armarkar Director Sports & Physical Education  
Dept. Shri Dnyanesh Mahavidyalaya, Nawargaon

**Talk on**

**"Brandishing of Champion"**

by Dr. Sharad Suryavanshi, Director Sports & Physical Education Dept. R.T.M.  
Nagpur University, Nagpur



# UNIVERSITY LEVEL WEBINAR

on



## 'How to Build-up our Immune System and Brandishing of Champion'

Dear Sir/Madam/Students

It is a matter of delight to inform you that Gondwana University, Gadchiroli and Dept of Physical Education, Shri Dnyanesh Mahavidyalaya, Nawargaoon is going to organize University Level Webinar on Yoga and Physical Fitness amidst COVID-19.

In the beginning of 2020, the world faced the calamity of COVID-19 which affected the lives of the entire mankind. The hazard of Corona virus is not yet faded away.

In this pandemic situation, physical fitness plays pivotal role to prevent the Corona infection. Yoga, the physical, mental and spiritual practice originated in ancient India plays pivotal role to improve the strength to tackle the pandemic.

Sports and games develop a healthy body and a healthy mind which prevents diseases.

With this view, we take this opportunity to invite all the teachers and students to participate by attending the virtual webinar on Webex Meet. You are requested to join 5 minutes before the session begins.

Looking forward to your active participation.

**-Registration Link-**

**<https://forms.gle/xh3MuYV5Yau6ZFss6>**

**NOTE:** E-certificate will be issued only to those who fill the online feedback form. The link for feedback form will be shared at the completion of webinar on 27<sup>th</sup> April. Kindly join the webinar prior 5 mins.

**Date: 26<sup>th</sup> April 2021 Time: 12.15 PM**

**Topic: How to Build Our Immune System**

**Resource Person: Dr Mardikar**

Director of Physical Education, Institute of Science, Nagpur

**🔗 Link to participate-**

<https://unigug.webex.com/unigug/j.php?MTID=mae12f46e6831183d5a1164394f88739d>

**Date: 27<sup>th</sup> April 2021 Time: 10.30 AM**

**Topic: Brandishing of Champions**

**Resource Person: Dr Sharad Suryavanshi**

Director of Physical Education, RTM University, Nagpur

**🔗 Link to participate-**

<https://unigug.webex.com/unigug/j.php?MTID=mf5d1931598b2459009fcdfe4407ad14e>

## **Organising Team**

**Dr Anita Lokhande**

Director of Physical Education  
Gondwana University, Gadchiroli  
Organising Secretary

**Dr Shriram Kawale**

Pro Vice Chancellor  
Gondwana University, Gadchiroli

**Dr M P Armarkar**

Director of Physical Education  
Shri Dnyanesh Mv Nawargaon  
Coordinator

**Dr S S Bakare**

Principal  
Shri Dnyanesh Mv Nawargaon

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