



GONDWANA UNIVERSITY, GADCHIROLI

(Established by Government of Maharashtra Notification No. MISC -2007/(322/07) UNI -4 Dated 27th Sept. 2011 & Presently a State University governed by Maharashtra Public University Act, 2018 (Maharashtra Act No. VI of 2017)



National Service Scheme

Dr. Shyam Khandare

Director

Mo. No. - 7020482443

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पत्र क्र. No. GU/NSS/530/2023

Dt : 25/08/2023

प्रति

मा. प्राचार्य/विभाग प्रमुख/ रासेयो कार्यक्रम अधिकारी,
सर्व रासेयो महाविद्यालये,
गोंडवाना विद्यापीठ, गडचिरोली.

विषय : २९ ऑगस्ट हा "राष्ट्रीय क्रिडा दिन" दिनांक २१ ते २९ ऑगस्ट २०२३ या कालावधीत साजरा करणे बाबत.

संदर्भ: क्रमांक रासेयो २०२३/प्र.क्र १७२/साशी-७, दिनांक २४/०८/२०२३

महोदय/महोदया,

उपरोक्त संदर्भाकित विषयान्वये सविनय विनंती या प्रमाणे आहे कि, युवा कार्य व क्रिडा मंत्रालय, भारत सरकार, नवी दिल्ली यांनी "राष्ट्रीय क्रिडा दिन" हा दिनांक २१ ते २९ ऑगस्ट, २०२३ या कालावधीत साजरा करण्यात यावा. "राष्ट्रीय क्रिडा दिन" निमित्त आपल्या स्तरावरून महाविद्यालयात क्रिडा सप्ताह कालावधीत सोबत दिलेल्या पत्राप्रमाणे विविध कार्यक्रमाचे नियोजन (जसे Fit India Pledge, Fitness Activities) चे आयोजन करावे. तसेच त्याबाबतचा अहवाल राष्ट्रीय सेवा योजना गोंडवाना विद्यापीठ, गडचिरोली यांना nssdsw.gug@gmail.com या ई-मेल वर सादर करावा.

धन्यवाद!


डा. श्याम खंडारे

संचालक

राष्ट्रीय सेवा योजना
गोंडवाना विद्यापीठ, गडचिरोली

F.No P.24/NSS/DTE/2023 /982-1033
Government of India
Ministry of Youth Affairs and Sports
Directorate of National Service Scheme
Shivaji Stadium, New Delhi- 110001

Date: 18.08.2023

To

All Regional Directors,
Regional Directorates of NSS
State NSS Officers,
All States/ UTs

Subject:- Celebration of National Sports Day on 29th August, 2023- reg.

Reference: D.O. No. 20-4/SAI/FITINDIA/2023 dated 11th August, 2023 by Secretary Sports

Sir/ Madam,

I am to refer to the subject and to inform you that the National Sports Day is being celebrated every year on 29th August, the birthday of the Hockey legend Major Dhyan Chand. In 2019, the National Sports Day saw a grand launch of the Fit India Mission by the Hon'ble Prime Minister of India to inculcate the culture of sports and fitness in the country.

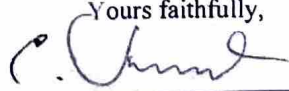
In this regard, the **Standard Operation Procedure** received from the Department of Sports is enclosed for organizing sporting fitness on any one day between 21st August to 29th August, 2023.

The **Fit India Pledge** is also enclosed to administer at all NSS Units in the Institutions and also NSS Programme Officers are encouraged to register their sporting fitness on Fit India Portal (<https://fitindia.gov.in/>) and upload photos and videos.

It is also requested to give wide publicity in Social Media as well as Print and Visual Media under your Jurisdiction.

Kindly, see the attached (SoP) Standard Operation Procedure to celebrate National Sports Day and organize sporting fitness events in all Institutions on 29th August, 2023 without fail.

Yours faithfully,


(Dr. C. Samuel Chelliah) 18/8/23
Deputy Programme Adviser

Copy to:

1. Director, NSS, Ministry of Youth Affairs and Sports
2. Under Secretary, NSS Section, Ministry of Youth Affairs and Sports

Encl: 1. SOP FOR NATIONAL SPORTS DAY (NSD) 2023 CELEBRATIONS
2. FIT INDIA PLEDGE

सुजाता चतुर्वेदी, भा.प्र.से
सचिव
Sujata Chaturvedi, IAS
Secretary



भारत सरकार
खेल विभाग
युवा कार्यक्रम और खेल मंत्रालय
Government of India
Department of Sports
Ministry of Youth Affairs & Sports

D.O. No.: 20-4/SAI/FITINDIA/2023

Dated: 11th August, 2023

Dear Meeta,

181582
14-8-23

I am writing to you with reference to the National Sports Day which is celebrated every year on 29th August, the birthday of the Hockey legend Major Dhyan Chand, to commemorate India's deep-rooted tradition of Sports. We celebrate the National Sports Day by honouring nation's sports icons for their contribution and dedication towards bringing laurels to the country on the international stage. The National Sports Day in 2019 saw the grand launch of the Fit India Mission by the Hon'ble Prime Minister, which has led a mass movement to inculcate the culture of sports and fitness in the country.

2. With this background, it is proposed to celebrate the National Sports Day 2023 during the week beginning 21st August, 2023 to 29th August, 2023 with pan-India sports events and engagement activities for people of various age groups and from all walks of life. The theme for this year celebration is "Sports as an enabler for an inclusive and fit society". The power and influence of sports to instil positivity and harmony in society is universally acknowledged and it is with the same spirit that this day is being celebrated.

3. May I request your support in this initiative to encourage mass participation in sports and fitness activities which may be organized through the various outfits under the Department of Youth Affairs, from 21st to 29th August, 2023.

4. A suggested SoP for the celebration is enclosed for your kind reference. The Nodal Officer for this purpose from this Ministry is Smt. Ekta Vishnoi, Mission Director, Fit India, Sports Authority of India (+91 75881 81543), who can be contacted for further details on the subject.

I shall be grateful for your support in this regard.

Best wishes,

Yours sincerely,

Meeta
11/8/23

(Sujata Chaturvedi)

Encl.: As above

Smt. Meeta Rajivlochan, IAS
Secretary (Youth Affairs), MYAS
Shastri Bhawan,
New Delhi-110001

on file ps

[Signature]

14.08.23

Director AYAS
+ Director NIS

SOP for National Sports Day (NSD) 2023 celebrations-

1. Organize any sporting event like athletics, contemporary sports, indigenous sports, etc. as deemed fit as per age groups on any one (01) day between 21st and 29th August 2023.

2. Salient features of the event:

- Week-long celebration with the organisation being free to choose the actual day of sporting events.
- Based on groups format instead of individual players to bring spirit of bonding, unity and inclusiveness,
- Competition may be based on a team-based point system where every member of team earns points for the teams irrespective of position in competition
- Acknowledging the local sports icons at the event in the celebrations.
- Staff to preferably come to workplace in sports attire. Sample t-shirt designs will be shared along with NSD branding.

3. Standard format of the event to be:

- Each organization to be divided into two, four or six teams depending on the number of participations maintaining gender equality.
- Medal tally for each team to be maintained. Highest points team will win Major Dhyan Chand Trophy.
- Organizations are at liberty to choose games for competition from any popular sports of the locality and availability of Infrastructure.
- Name of teams can be based on freedom fighters or prominent sportspersons of the country.

The list of suggested competitive and fun games is-

S.No.	Outdoor Activities	Indoor Activities	Fun Activities
1	Walk/Race	Badminton	Lemon Race/ Sack Race
2	Volleyball	Chess	Rope Jumping
3	Hockey (Penalty Shootout)	Basketball (3v3)	Kho-Kho
4	Futsal/Mini Football (3 vs 3)	Table Tennis	Lagori & Langadi
5	Tennis Ball Cricket	Tug of War	Plank Challenge

**Office will be at liberty to choose games for competition from any popular sports of the locality and availability of Infrastructure.*

4. Fit India pledge: All the stakeholders may be asked to organise a FIT India Fitness pledge event where organisations may take the FIT India Fitness pledge.

5. Pre-event promotion: Ensure pre-event promotion of the event to be organised from 18th August 2023 onwards followed by post event posts on social media.

6. The organizing department to release a press note two (02) days prior to the event informing about the event and schedule of activities.

7. Organizers to register their event on Fit India portal (<https://fitindia.gov.in/>) or Fit India Mobile App and upload details of participation, pictures & videos of the event.

8. Promote National Sports Day on their social media channels with #Sports4Unity and #NationalSportsDay through creatives, videos, write-ups, pictures of the events.

9. Adequate publicity for the program through social media, TV/Newspaper, etc.

10. Google Drive Link for branding design is- _____
https://drive.google.com/drive/folders/19DQnf8SIQ8X76Jz0ekzhKbGKDZfhpx_o?usp=drive_link

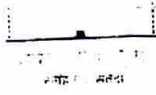
Fit India Pledge

I take the pledge:

- TO LEAD AN ACTIVE AND A HEALTHY LIFESTYLE
- TO TAKEOUT 30 MINUTES EVERYDAY FOR MY FITNESS AND HEALTH
- TO ENCOURAGE MY FAMILY MEMEBERS, FRIENDS AND NEIGHBOURS TO STAY FIT AND HEALTHY
- TO TAKE THE FITNESS ASSESSMENT TEST ON THE FIT INDIA MOBILE APP REGULARLY

मैं प्रतिज्ञा करता हूँ:

- एक सक्रिय और स्वस्थ जीवन शैली जीऊंगा/जीऊंगी
- अपने फिटनेस और स्वास्थ्य के लिए हर दिन 30 मिनट का समय निकालूंगा/निकालूंगी
- अपने परिवार के सदस्यों, दोस्तों और पड़ोसियों को फिट और स्वस्थ रहने के लिए प्रोत्साहित करूंगा/करूंगी
- फिट इंडिया मोबाइल ऐप पर नियमित रूप से फिटनेस मूल्यांकन करूंगा/करूंगी



महाराष्ट्र शासन
उच्च व तंत्र शिक्षण विभाग
मंत्रालय विस्तार इमारत, दालन क्र. ४९६,
मादाम कामा मार्ग, हुतात्मा राजगुरु चौक, मुंबई -४०० ०३२.

ई-मेल- nssmantralaya@gmail.com

दूरध्वनी क्र.०२२-२२६७९५६५

क्रमांक: रासेयो-२०२३/प्र.क्र.१७२/साशि-७

दिनांक: २४ ऑगस्ट, २०२३

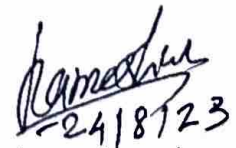
प्रति,

कार्यक्रम समन्वयक तथा संचालक
सर्व कृषी/अकृषी/संस्कृत/मुक्त/आरोग्य/
तंत्रज्ञान विद्यापीठ. + २ स्तर/व्यवसाय/तंत्रशिक्षण संस्था.

विषय : २९ ऑगस्ट हा "राष्ट्रीय क्रिडा दिन" दिनांक २९ ते २९ ऑगस्ट, २०२३ या
कालावधीत साजरा करणे बाबत.

संदर्भ : 1.D.O.No.20-4/SAI/FITINDIA/2023 datetd 11 th Aug,2023 By secretary Sports
2.FNo.P-4/NSS/DTE/2023/982-1033 datetd 18 th Aug,2023 By Dept.Programme
Adviser

उपरोक्त विषयाच्या अनुषंगाने सर्व विद्यापीठ, + २ स्तर व संचालनालय यांचे संचालक तथा
समन्वयक यांना कळविण्यात येते की युवा कार्य व क्रिडा मंत्रालय, भारत सरकार, नवी दिल्ली यांनी "राष्ट्रीय
क्रिडा दिन" हा दिनांक २९ ते २९ ऑगस्ट, २०२३ या कालावधीत साजरा करणे बाबत निर्देश दिले आहेत.
सदरील क्रिडा दिन केंद्र शासनाच्या संदर्भीय पत्रानुसार साजरा करण्यात यावा. "राष्ट्रीय क्रिडा दिना"
निमित्त आपल्या स्तरावरून विद्यापीठांतर्गत महाविद्यालयात क्रिडा सप्ताह कालावधीत सोबत दिलेल्या
पत्राप्रमाणे विविध कार्यक्रमांचे नियोजन (जसे Fit India Pledge, Fitness Activities) चे आयोजन करावे.
तसेच त्याबाबतचा अहवाल या कार्यालयास तसेच क्षेत्रिय संचालनालय,राष्ट्रीय सेवा योजना, पुणे यांना
पाठवावा.


2418123

(डॉ. रामेश्वर कोठावळे)

राज्य संपर्क अधिकारी / विशेष कार्य अधिकारी

महाराष्ट्र शासन