



GONDWANA UNIVERSITY, GADCHIROLI

(Established by Government of Maharashtra Notification No.-MISC-(2007/(322/07) UNI-4 Dated 27th Sept. 2011 & Presently a state University governed by Maharashtra Public University Act, 2016 (Maharashtra Act No. VI of 2017)

(Office of the Sports & Physical Education)

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Ref.No.- Spo.&Phy.Edu./178/2022

Date : 03/08/2022

To,

The Principal,
All Participated College/HOD, PGTD,
Gondwana University, Gadchiroli

Subject :- Conduct of Physical Education Classes for the Colleges Students.

Sir / Madam,

This is to inform you that all under-Graduates students in all Faculties except exempted as per provisions made there in Ordinance No. 3 of the University who opt for physical education, should attend Physical Education Periods Thrice a Week as per provisions made in the Ordinance No. 3. Physical education Classes shall commence from 1st August and continue up to 31st January, every year.

Every Students shall attend a minimum of 60 periods in a session and each period of physical education shall be of 30 Minutes Duration. They should attend such classes in proper uniform. The Lecturer in Physical Education should maintain Regular Attendance Registers and Dairies showing details of the work done throughout the session and submit them to the Principal of the college for inspection.

Regular Physical Education classes be conducted by the Lecturer in Physical Education of the college so that students achieve the university standard prescribed for the Physical Efficiency Test. These classes shall be conducted every day morning and or in the Evening in batches of not more than sixty (60) students. Attendance at these classes shall be compulsory and subject to the discipline of the college.

Principal is requested to forward a copy a Time Table of Physical Education Classes of current year to this office positively and follow the provisions made in the Ordinance No. 3. Of the university.

Annual Physical Efficiency Test shall be conducted in every college in the month of **January 2023 and Results, Reports concerning annual Physical Efficiency Test should be forwarded to the undersigned by the 10th February 2023 for information and such action as it may deem necessary by the Board of Physical Education.**

The College shall make all arrangements for the conduct of Physical Efficiency Test and also provide all the facilities for promoting Physical Education, Game & Sports for students (Adequate Play Ground, Equipment, Gymnasium, Journals book etc.) and it is desired that each college must participate in at least 6 games in inter collegiate Tournaments conducted by the University every years.

As per Ordinance No. 3 total amount collected for games and sports, Gymnasium, Physical Efficiency Test should be spent for those purpose only.

Your co-operation is earnestly solicited in organizing various programme of Physical Education Games and Sports for the students as to create awareness regarding Health & Fitness amongst them and to encourage students to participate in the Physical Education & Sports activities.



AM 3/08/2022
Director
Department of Physical Education
Director
Sports & Physical Education
Gondwana University, Gadchiroli

Note :- Norms for Physical Efficiency Test for Men & Woment are given back.