



GONDWANA UNIVERSITY, GADCHIROLI

(Established by Government of Maharashtra Notification No. MISC -2007/(322/07) UNI -4 Dated 27th Sept. 2011 & Presently a State University governed by Maharashtra Public University Act, 2016 (Maharashtra Act No. VI of 2017)



National Service Scheme

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पत्र क्र. No.GU/NSS/ 244 /2019

Dt : 06/06/2019

प्रति,

मा. प्राचार्य/रासेयो कार्यक्रम अधिकारी,
संलग्नीत रासेयो महाविद्यालये,
गोंडवाना विद्यापीठ, गडचिरोली

विषय:- आंतरराष्ट्रीय योग दिवस साजरा करण्याबाबत.

संदर्भ:- F.No.P-52-1/CDN/NSS/DTE/2019/1220-1236 भारत सरकार व युवा खेल मंत्रालय,
नवी दिल्ली, दिनांक २९ मे २०१९.

महोदय/महोदया,

उपरोक्त संदर्भाकित विषयान्वये आपणांस कळविण्यात येते की, दि. २१ जून २०१९ हा दिवस आंतरराष्ट्रीय योग दिवस म्हणून साजरा करावयाचा आहे, यासाठी राष्ट्रीय सेवा योजनेमधील सर्व स्वयंसेवकांचा समावेश अपेक्षित असून आपल्या स्तरावर स्वयंसेविसंस्थेच्या सहकार्याने योग प्रशिक्षण आयोजित करून मोठ्या प्रमाणावर जनजागृती करणे अपेक्षित आहे, या करीता योगासनाचा प्रचार व प्रसार करण्यासाठी आपले सहभाग अनिवार्य आहे.

सदरहु आयोजित योग दिवसाचा कार्यकृती अहवाल राष्ट्रीय सेवा योजना विभाग, गोंडवाना विद्यापीठ गडचिरोली या कार्यालयास अहवाल व निवडक फोटो सादर करावे, ही विनंती.

धन्यवाद!

डॉ. नरेश मडावी

संचालक (प्र.)

राष्ट्रीय सेवा योजना

गोंडवाना विद्यापीठ, गडचिरोली

623

**ACTION PLAN OF CELEBRATION OF INTERNATIONAL DAY OF
YOGA ON JUNE 21ST 2019 BY THE NSS ORGANISATION**

Unlike Last year 21st June 2018 was celebrated as International Day of Yoga by the various NSS Units in the country in a big way. This year also, NSS organization plans to celebrate the International Day of Yoga on 21st June, 2019 in the befitting manner. Following instructions are to be followed by all the Regional Directorate of NSS.

The following activities/programmes will be conducted by various NSS units in the country to celebrate the **International Day of Yoga on 21st June, 2019:**

- A workshop on Yoga will be conducted in all the Universities having NSS, which will be followed by demonstration and performance of series of Yog-Asanas.
- Rallies , Seminars, Street plays , workshop & any other activities to make awareness about importance of Yoga among community are to be organised by universities/+2 Council and NSS units/Institutions in region
- All the NSS Units will perform the Yog-Asanas in their campuses to mark the occasion.
- All the Special Camping programmes will have a component of performance of Yog-Asanas.
- The day will start with the performance of Yog-Asanas in all the National Level programmes, like Pre- Republic Day Parade Camps, Republic Day Parade Camp, National Youth Festival, National Integration Camp etc. being conducted by the NSS units all over the country.
- Rallies will be organised in all the capitals by the NSS volunteers to make the people aware about the benefits of Yog-Asanas and to motivate for living a healthy life

NATIONAL SERVICE SCHEME

International Day of Yoga, 21st June, 2019

Name of the University/+2 Council:

Name of State:

Sl. No.	Name of the Activities/Programme	No. of Activities/ Programme in University /+2 Council Institutions/ Colleges/ Schools	Total No. of Universities/ +2 Council Participated	Total No. of Colleges/Schools Participated	Total No. of Units	No. of NSS Volunteers Participated in Activities/Programme			No. of Youth/Others participated in Activities/Programme			Total Number of Participapation
						Male	Female	Total	Male	Female	Total	
1	Workshops											
2	Universities/ +2 Council or Colleges/School-Level Rallies											
3	Seminars											
4	Debates											
5	Nukkar Nataks/Street Plays Organised											
6	Any Other Activity											
	Total											

NSS Programme Coordinator
University/+2 Council