



गोंडवाना विद्यापीठ गडचिरोली

महाराष्ट्र शासन अधिसूचना क्रमांक २००७/(३२२/०७) विशी-४ महाराष्ट्र विद्यापीठ अधिनियम १९९४ (१९९४ चा महा. ३५) च्या कलम ३ च्या पोटकलम (२) अन्वये दिनांक २७ सप्टेंबर, २०११ रोजी स्थापीत व महाराष्ट्र सार्वजनिक विद्यापीठ अधिनियम, २०१६ (सन २०१७ चा महाराष्ट्र विद्यापीठ अधिनियम क्रमांक ६) द्वारा संचालित राज्य विद्यापीठ)

(कुलसचिव कार्यालय)

एम.आय.डी.सी. रोड, कॉम्प्लेक्स, गडचिरोली - ४४२६०५

फोन/फॅक्स नंबर ०७१३२-२२३१०४

E-Mail : gug.registrar@gmail.com

जा.क्र./गोंवीग/कुसका/९३३३ /२०२०

दिनांक ०९/०९/२०२०

प्रति,

मा. प्राचार्य,
सर्व सलंगनीत महाविद्यालय,
गोंडवाना विद्यापीठ, गडचिरोली.

विषय :- दि. १८ सप्टेंबर, २०२० रोजी ऑनलाईन आंतरराष्ट्रीय ई. कॉन्फरन्सबाबत.

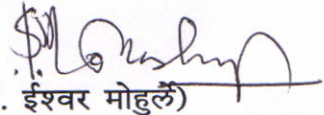
संदर्भ :- चिंतामणी महाविद्यालय, घुग्घुस, ता. जि. चंद्रपूर यांचे CMG/२२३५/२०२०
दि.०९/०९/२०२० चे पत्र.

महोदय,

उपरोक्त संदर्भीय विषयाचे अनुषंगाने कळविण्यात येते की, गोंडवाना विद्यापीठ, गडचिरोली व चिंतामणी महाविद्यालय, घुग्घुस यांच्या संयुक्त विद्यमाने चिंतामणी महाविद्यालय, घुग्घुस, ता. जि. चंद्रपूर येथे दि. १८ सप्टेंबर, २०२० रोजी दुपारी २.०० वाजता "Yoga for Mental Health" या विषयावर एक दिवसीय ऑनलाईन आंतरराष्ट्रीय ई. कॉन्फरन्सचे आयोजन करण्यात आलेले आहे.

करीता, आपल्या महाविद्यालयातील विभागप्रमुख व प्राध्यापक यांना याबाबत अवगत करून देण्यात यावे.

संलग्न :- कार्यक्रम पत्रिका.


(डॉ. ईश्वर मोहले)

कुलसचिव

गोंडवाना विद्यापीठ, गडचिरोली

प्रतिलिपी :- स्वयं सहायक, मा. कुलगुरूंचे कार्यालय, गोंडवाना विद्यापीठ, गडचिरोली.

Registration : -For registration fill the form:

<https://docs.google.com/forms/d/e/1FAIpQLSffymdz9OG9YRlfqOWPoustbG9Nd1XuFBMeAO4RmB4okBTJg/viewform?vc=0&c=0&w=1&flr=0>

Participation is free (You can contribute/donate to Chief Minister Relief Fund, Maharashtra online -

<https://cmrf.maharashtra.gov.in/CMRFCitizen/DonationOnlineForm.action>)

You can join the e-conference by using Zoom/Webex/YouTube. Details will be provided on telegram group. Joining telegram group is compulsory for further communication

Telegram link: <https://t.me/joinchat/PoaziROW3iRG8Wzchr3mw>

Paper Submission Guidelines:

The manuscript should be prepared in the following format:

- Title of the paper, Name, Affiliation/College/Uni./Industry and Email address.
- Name of the author should be in font size of 12 and affiliation in font size 11.
- Title of the paper should be in font size of 14 and should be centrally assigned.
- Abstract of approximately 300 words with 3-5 keywords at the end of the abstract. The final paper word limit is 3000 including abstract.
- Font for English: font size of 12, Font Times New Roman, for Hindi & Marathi: Font Unicode/Google or Krutidev 10.
- Line spacing should be 1.5.
- Paper should be submitted in MS-Word Format.
- All the tables and diagrams should be appropriate in number and to be provided at the end of the paper.
- All reference should follow APA style.

Publication of paper:

There are two options available for publication (Read carefully)

- 1) Selected papers will be published in International Multidisciplinary Peer Reviewed Journal with ISBN/ISSN and Impact Factor 5.0 or more. Fees for publication Indian Rs. 700/- Per Author for Indian Author and Indian Rs. 1500/- (or \$ 20) for foreign Author.
- 2) UGC CARE Listed International Multidisciplinary Peer Reviewed Journal with ISBN/ISSN and Impact Factor 5.0 or more. Fees for publication Indian Rs. 3500/- Per Author for Indian Author and Indian Rs. 4500/- (or \$ 60) for foreign Author.
- 3) Payment details:

It is compulsory to keep screenshot of payment and upload it while submission.

Payment should be accepted by any mode NEFT/ IMPS/ Net Banking/ UPI/ Bhim/ Paytm/ PhonePe/ Gooble Pay/other

Account Details:

Name : Principal, Chintamani Mahavidyalaya, Ghugus

Bank : Bank of India Ghugus

A/c. No. : 960920100002021

IFSC Code : BKID0009609

MICR code : 442013529

4) Declaration form should be compulsory for publication. (click on the link for form)

5) Click on the link & Fill the form for submission:

https://docs.google.com/forms/d/e/1FAIpQLSeYGGniS0P-wRkVoPu331C9T3-p7BMLb9ktd_GkSyn1c7iDdw/viewform?vc=0&c=0&w=1&flr=0

Note: All the terms and conditions of the publisher of journal will be applicable to the author. Decision of organising committee will be considered final at any stage. Last date of submission is 25th September, 2020.

Presentation of Paper:

Authors are requested to prepare paper presentation video for maximum 3-5 minutes and upload it on google drive or youtube and share the link bygoogle form -

<https://docs.google.com/forms/d/e/1FAIpQLSc0JsWPbqVIXIAemH-09-OVhVjoab6DDecfjKWjWE5adSMWg/viewform?vc=0&c=0&w=1&flr=0>

Selected presentations may be included in live conference or in case of large response it will be included in the form of list of presenters. Last date for application is 17th September, 2020.

Contact email: international@chintamani.edu.in

GONDWANA UNIVERSITY GADCHIROLI, Maharashtra, India



Shri Chintamani Shikshan Prasarak Mandal Ballarpur's

Chintamani Mahavidyalaya, Ghugus.

Tah. Dist. Chandrapur, Maharashtra, India

One Day International E-Conference on

YOGA FOR MENTAL HEALTH

Collaboratively Organised by

Gondwana University, Gadchiroli and

I.Q.A.C. Department and Physical Education

& Sports Department, Chintamani Mahavidyalaya, Ghugus

on 18th September 2020 Time 2.00 pm

Our Patrons



Our Inspiration
Late. Principal
Vasantraoji Dontulwar



Our Inspiration
Late Dr. Vaibhav
V. Donturlwar



President
Hon. Prof. Smt. Shubhangi
V. Dontulwar



Secretary
Hon. Shri. Swapnil
V. Dontulwar



The Gondwana University Gadchiroli has been conceived and formed with a foresighted view to cater the aspirations of the economically so also socio-culturally backward districts of Gadchiroli and Chandrapur. Though the network of Governmental agencies have been constantly trying to execute the state welfare policies of an all inclusive development, the resultant progress has been sluggish compared to other areas of the state. This lag has created a host of socio-political tensions and problems as is seen in the rise of Naxalites violence. Though a speedy all inclusive growth is a right answer to all this it cannot be achieved without apt vision and well-tailored methodology. The formation of a new university is therefore a right step in the direction. The compiled data on overall life of the domain of the university indicates that it has area specific problems like age old poverty, prejudices followed from static mind-sets, directionless emerging from traditional ignorance etc. The cumulative effect of all this is a deep chasm between the local populace and the rest of the mainstream society. In brief turning problems in to opportunities forms the real syllabi of the new university.

To translate the above vision into reality the university has contemplated befitting modalities commensurate with our intended objectives. Same time efforts will also be made to build up motivational strength in the learners so as to in-still in them hope and ambition for self promotion. This certainly is a colossal and formidable task, yet at the same time is a worthy challenge and we have willfully accepted it.

Conventionally a university is concerned with higher education alone. As a bold experiment we wish to have a small but important deviation from this. For example in rural and backward areas we find vast number of young people, who are educated just up to middle school level, yet have inborn talents for doing skilled jobs after proper and adequate training. So there is need to provide such people a job oriented education, motivating them to be an entrepreneur or to be employed with a good package to live their life equal status and satisfaction. There things are possible though our university by applying certain modern tactics in the field of education.



"Shri Chintamani Shikshan Prasarak Mandal Ballarpur" was established in the year 1998 by Late Principal Vasantrao L. Dontulwar. The dream of President Late Vasantrao L. Dontulwar, who stood for the transmission of higher education in the rural and tribal area stands today as living epitome of the realization of the dream. Chintamani Mahavidyalaya, Ghugus, Chintamani Mahavidyalaya, Pombhurna and Chintamani Vidyalaya, Visapur was established in 1999 with the aim of dissemination of higher education in this socially and economically backward rural and tribal area of Chandrapur district. Under the direction of the present dynamic Secretary of the society and a dedicated group of individuals always put their efforts to impart quality education.

Chintamani Mahavidyalaya, Ghugus was established in 1999 at Ghugus, which was affiliated by R.T.M Nagpur University. Present the college affiliated by Gondwana University, Gadchiroli after its establishment in 2012 in Gadchiroli. A renowned family consisting of a philanthropist, a social reformer and highly personalities were responsible in giving birth to the Shri Chintamani Shikshan Prasarak Mandal, Ballarpur. It was long dreams come true for the family to establish educational institution at the place which is around 25 km from the district headquarter.

The Ghugus is situated on the bank of holy river, The "Wardha". The place Ghugus is famous for ACC cement company, power plant and coalmines so the atmosphere of this place is not so pleasant. Shri Chintamani Arts and Commerce College is also known as (CMG) Chintamani Mahavidyalaya, Ghugus. And it has been running by Shri Chintamani Shikshan Prasarak Mandal, Ballarpur. Shri Chintamani Shikshan Prasarak Mandal is established in 1998 by Late Principal Shri Vasantrao L. Dontulwar, The President, a pioneer in the field of higher studies and its aim is to provide opportunities of higher education in rural and tribal area.



Dr. Shrinivasa Varakhedi
(Acting)
Hon. Vice-Chancellor
Gondwana University,
Gadchiroli, MS., India



Dr. Ishwar Mohurle
Registrar,
Gondwana University,
Gadchiroli, MS., India



Dr. Manish Uttarwar
Director, Dept. of
Innovation Incubation
& Linkages, Gondwana
University Gadchiroli







Mr. Manish Potnurwar,
Lecturer,
Shri Shivaji College Rajura,
Founder & Joint
Secretary,



Shri Prashant R. Dontulwar
Principal,
Member of Senate,
Gondwana University,
Gadchiroli

Program Schedule

Chief Guest	Resource Person	Resource Person	Resource Person
			
Dr. Anil Karwande Board of Management LNIPE, Deemed University Gwalior (India) Ex. Principal IDCPE, Nagpur (MH) India	Shri. Mukulji Kanitkarji National Organizing Secretary Bharatiya Shikshan Mandal	Prof. Natalia Solvey Director Atmabodha Yoga Institute Buenos Aires Arjentina	Dr. Manmath Gharote Director of The Lonavla Yoga Institute Puna (India)
Key Note Speaker	Topic "Yoga Jivan Padhati"	Topic : "Meaning of Life Based on Psychological condition and role of Yoga"	Topic : "Importance of Mental health and Emotional Health in Modern Era"
Time : 02:15 pm	Time : 3:00 pm	Time : 3.45:pm	Time : 4:20 pm



Principal & Organizer
Dr. C.S. Kumbhare

Dept. of Physical Education & Chairman of
I.Q.A.C Chintamani Mahavidyalaya, Ghugus



Asst. Prof. Dr. R.S. Dharpawar

Chintamani Mahavidyalaya,
Ghugus



Asst. Prof. S.C. Gohokar

Chintamani Mahavidyalaya,
Ghugus

Organizing Committee :-

Dr. C. S. Kumbhare
Principal and Programme Director
Mob.9373141488 / 8308648837

Asst. Prof. Dr. R.S. Dharpawar
IQAC Co-Ordinator
Mob. 9764441779

Asst. Prof. Santosh C. Gohokar
Convener
Mob. 9850071858

Paper Submission, Review, Paper Presentation Committee :

- | | | |
|--|--|---|
| 1. Dr. C.S. Kumbhare : 9373141488 | 2. Asst. Pro. Dr. R. S. Dharpawar : 9764441779 | 3. Asst. Prof. S.C. Gohokar : 9850071858 |
| 4. Asst. Prof. M.N. Jamdade : 9834135359 | 5. Asst. Prof. G.P. Surjuse : 8888700539 | 6. Asst. Prof. M.N. Kumbhare : 9623778263 |
| 7. Dr. N.B. Kawadkar : 9404118639 | 8. Dr. M.D. Kandangire : 9923382954 | |

Technical and Supporting Staff :

- | | | | |
|-----------------------|-----------------------------|---------------------------|---------------------------|
| 1. Shri Suresh Aswale | 2. Shri Kailash Nawale | 3. Shri Satish Wasade | 4. Shri Parmeshwer Uamare |
| 5. Shri. Manish Zode | 6. Shri . Dnyeshwar Gudadhe | 7. Shri. Madhukar Itankar | |

About Conference

This international conference is organized on an auspicious occasion of the birthday of our hon'ble secretary of the institute, Shri. Swapnilji V. Dontulwar. The world is facing the horrible problem of corona virus. This International e-Conference is a unique forum bringing together participant from the different countries. People can participate and share their research activities. In this conference we give the facilities that participants can send research paper and present their work by sending the short video of research paper.

Sub-themes of conference for research paper:

- | | |
|---|--|
| 1. Yoga and Sport Performance | 2. Mental and Sport Performance |
| 3. Psychological Performance | 4. Competition and Mental health |
| 5. Role of Holistic Approaches Yoga During Covid-19 . | 6. Physical fitness and Mental health During Covid-19 . |
| 7. Physical fitness and Yoga -A Remedy to Covid-19 . | 8. Importance of Yoga and Pranayama in the Contemporary World. |
| 9. LLness to wellness through Yoga . | 10. Challenge in Physical education in sports. |
| 11. Sports Management . | 12. Impact of Physical Activities in lockdown.1 |
| 3. Trends and Technologies in Sports. | 14. Impact of Covid-19 on Sports Industries. |
| 15. Role of Yoga, asnas, Pranayama Mental health | 16. Traditional exercises in modern era. |
| 17. Physical and Mental health in lockdown | 18. E-Sport in lockdown |
| 19. Development in Sport skills | 20. Aerobics adapted in Physical Education and sports. |
| 21. Impact of Covid-19 on various areas i.e. Commerce, Science, and Humanities. | |

Resource Persons

Chief Guest



Dr. Anil Karwande
Board of Mangement LNPE, Deemed
University Gwalior (India)
Ex. Principal, IDCPE Nagpur (MS) India

Resource Person



Shri Mukulji Kanitkar
National Organizing Secretary
Bharatiya Shikshan Mandal

Resource Person



Prof. Natalia Solvey,
Director Atmabodha Yoga Institute
Buenos Aires, Arjentina

Resource Person



Dr. Manmath Gaharote
Director of the Lonavla, Yoga
Institute, Pune

Key Note Speaker

Time : 02.15 pm.

Topic

Yoga Jivan Padhati

Time : 03.00 pm.

Topic

Meaning of life Based on Psychological Condition
and role of Yoga

Time : 03.45 pm.

Topic

Importance of Mental Health and Emotional Health
in Modern Era

Time : 04.20 pm.



IQAC Co-Ordinator,
Dr. Ravi S. Dharpawar
HOD of Political Science
Chintamani Mahavidyalaya, Ghugus



Convener
Asst. Prof. Santosh C. Gohokar
Chintamani Mahavidyalaya, Ghugus
Mo.No.9850071858

Organizing Committee :-

Principal and Programme Director
Dr. C.S. Kumbhare

9373141488

IQAC Co-Ordinator,
Dr. R.S. Dharpawar

9764441779

Convener

Asst. Prof. Santosh C. Gohokar
9850071858

Paper Submission ,Review, Paper Presentation Committee :

1. Dr. C.S. Kumbhare : 9373141488 2. Dr. R. S. Dharpawar : 9764441779 3. Asst. Prof. S.C. Gohokar : 9850071858 4. Asst. Prof. M.N. Jamdade : 9834135359
5. Asst. Prof. G.P. Surjuse : 8888700539 6. Asst. Prof. M.N. Kumbhare : 9623778263 7. Dr. N.B. Karadkar : 9404118639 8. Dr. M.D. Kandangire : 9923382954

Technical and Supporting Staff :

1. Shri Suresh Aswale 2. Shri Kallash Nawale 3. Shri Satish Wasade 4. Shri Parmeshwar Umare 5. Shri. Manish Zade 6. Shri. Dnyaneshwar Gudadhe 7. Shri. Madhukar Itankar

About Conference

This international conference is organized on an auspicious occasion of the birthday of our hon'ble secretary of the institute, Shri. Swapniji V. Dantulwar. The world is facing the horrible problem of corona virus. This International e-Conference is a unique forum bringing together participant from the different countries. People can participate and share their research activities. In this conference we give the facilities that participants can send research paper and present their work by sending the short video of research paper.

Sub-themes of conference for research paper:

1. Yoga and Sport Performance
2. Mental and Sport Performance
3. Psychological Performance
4. Competition and Mental health
5. Role of Holistic Approaches Yoga During Covid-19.
6. Physical Fitness and Mental health During Covid-19.
7. Physical fitness and Yoga -A Remedy to Covid-19.
8. Importance of Yoga and Pranayama in the Contemporary World.
9. Wellness to wellness through Yoga.
10. Challenge in Physical education in sports.
11. Sports Management.
12. Impact of Physical Activities in lockdown.
13. Trends and Technologies in Sports.
14. Impact of Covid-19 on Sports Industries.
15. Role of Yoga, asanas, Pranayama Mental health
16. Traditional exercises in modern era.
17. Physical and Mental health in lockdown
18. E-Sport in lockdown
19. Development in Sport skills
20. Aerobics adapted in Physical Education and sports.
21. Impact of Covid-19 on various areas i.e. Commerce, Science, and Humanities.

Program Schedule

Time (UTC 5:30)	Session	Particulars
18 th Sept., 2020, 2.00 pm. to 2.30 pm Inaugural Session	Inauguration & Key-Note Address	<p>Welcome Address – Dr. C.S. Kumbhare Principal, Chintamani Mahavidyalaya, Ghugus</p> <p>Key-Note Address – Dr. Anil Karwande Board of Mangement LNIPE, Deemed University Gwalior (India) Ex. Principal, IDCPE Nagpur (MS) India Chairperson – Dr. Shrinivasa Varakhedi Hon. (Acting) Vice-Chancellor Gondwana University, Gadchiroli, MS., India</p>
18 th Sept., 2020, 2.30 pm. To 4.00 pm.	First Session	<p>Resource Person: 1) Shri Mukulji Kanitkar National Organizing Secretary, Bharatiya Shikshan Mandal</p> <p>Topic : Yoga Jivan Paddhati</p> <p>Resource Person: 2) Prof. Natalia Solvey, Director, Atmabodha Yoga Institute Buenos Aires, Argentina</p> <p>Topic : Meaning of life Based on Psychological Condition and role of Yoga</p> <p>Chairperson : Dr. Ishwar Mohurle Registrar, Gondwana University, Gadchiroli, MS., India</p>
18 th Sept., 2020, 4.00 pm. To 4.45 pm.	Second Session	<p>Resource Person: 1) Dr. Manmath Gaharote Director of the Lonavla, Yoga Institute, Pune</p> <p>Topic : Importance of Mental Health and Emotional Health in Modern Era</p> <p>Chairperson : Principal, Shri Prashant R. Dontulwar Member of Senate, Gondwana University, Gadchiroli, MS., India</p>
18 th Sept., 2020, 4.45 pm. To 5.15 pm. Valedictory Session	Valedictory Session & Feedback	<p>Resource Person: 1) Dr. Manish Uttarwar, Director, Innovation Incubation & Linkages, Gondwana University, Gadchiroli</p> <p>2) Shri Swapnil V. Dontulwar Hon. Secretary, Shri Chintamani Shikshan Prasarak Mandal Ballarpur</p> <p>Chairperson : Mr. Manish Potnurwar, Lecturer, Shri Shivaji College Rajura, Founder & Joint Secretary, Shri Chintamani Shikshan Prasarak Mandal Ballarpur</p>

Registration : -For registration fill the form: <https://docs.google.com/forms/d/e/1FAIpQLSfydm1z9OG9YRlfcOWPQusibG9Nd1XuFBMeAO4RnB4oKBTJn/viewform?vc=0&c=0&w=1&fir=0>

Participation is free (You can contribute/donate to Chief Minister Relief Fund, Maharashtra online - <https://cmrf.maharashtra.gov.in/CMRFCitizen/DonationOnlineForm.action>)

You can join the e-conference by using Zoom/Webex/YouTube. Details will be provided on telegram group. Joining telegram group is compulsory for further communication

Telegram link: <https://t.me/joinchat/P-yazjR0W3iRC8Wzher3mw>

Paper Submission Guidelines:

The manuscript should be prepared in the following format:

- Title of the paper, Name, Affiliation/College/Uni./Industry and Email address.
- Name of the author should be in font size of 12 and affiliation in font size 11.
- Title of the paper should be in font size of 14 and should be centrally assigned.
- Abstract of approximately 300 words with 3-5 keywords at the end of the abstract. The final paper word limit is 3000 including abstract.
- Font for **English**: font size of 12, Font Times New Roman, for **Hindi & Marathi**: Font Unicode/Google or Krutidev 10.
- Line spacing should be 1.5.
- Paper should be submitted in MS-Word Format.
- All the tables and diagrams should be appropriate in number and to be provided at the end of the paper.
- All reference should follow APA style.

Publication of paper:

There are two options available for publication (Read carefully)

- Selected papers will be published in International Multidisciplinary Peer Reviewed Journal with ISBN/ISSN and Impact Factor 5.0 or more. Fees for publication Indian **Rs. 700/-** Per Author for Indian Author and Indian **Rs. 1500/-** (or \$ 20) for foreign Author.
- UGC CARE Listed** International Multidisciplinary Peer Reviewed Journal with ISBN/ISSN and Impact Factor 5.0 or more. Fees for publication Indian **Rs. 3500/-** Per Author for Indian Author and Indian **Rs. 4500/-** (or \$ 60) for foreign Author.

3) Payment details:

It is compulsory to keep screenshot of payment and upload it while submission.

Payment should be accepted by any mode NEFT/ IMPS/ Net Banking/ UPI/ Bhim/ Paytm/ PhonePe/ Gooble Pay/other

Account Details:

Name : Principal, Chintamani Mahavidyalaya, Ghugus
Bank : Bank of India Ghugus
A/c. No. : 960920100002021
IFSC Code : BKID0009609
MICR code : 442013529

4) Declaration form should be compulsory for publication. (click on the link for form)

()

5) Click on the link & Fill the form for submission:

https://docs.google.com/forms/d/e/1FAIpQLSeYGGnS0P-wRkVpPu331C9T3-p7BMib9ktD_GkSYn1c7IDdw/viewform?vc=0&c=0&w=1&fir=0 Note: All the terms and conditions of the publisher of journal will be applicable to the author. Decision of organising committee will be considered final at any stage. Last date of submission is 25th September, 2020.

Presentation of Paper:

Authors are requested to prepare paper presentation video for maximum 3-5 minutes and upload it on google drive or youtube and share the link by google form -

<https://docs.google.com/forms/d/e/1FAIpQLSc0JsWPbqVIXIAemnH-O9-OVhVjoab6DDecfjKW/WE5adSMWg/viewform?vc=0&c=0&w=1&fir=0>

Selected presentations may be included in live conference or in case of large response it will be included in the form of list of presenters. Last date for application is 17th September, 2020.

Contact email: international@chintamani.edu.in