

Gondwana University, Gadchiroli

Faculty of Humanities

(NEP 2020)

Two Year Regular Post-Graduate Program

M.A. Home-Economics –II Year

III and IV Semester Syllabus

(2024 – 25)

Submitted by

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Working Chairperson,

Board of studies, Home-Economics

Faculty of Humanities

Syllabus Framing Committee

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M.A. Home Economics –II Year

Semester III		Semester IV	
Paper Code	Name of Subject Major	Paper Code	Name of Subject Major
PGHECT 11	Paper I – Home Management	PGHECT 16	Paper I – Consumer Marketing
PGHECT 12	Paper II – Marriage and Family Relationship	PGHECT 17	Paper II – Advanced Housing and Interior Decoration
PGHECT 13 (P-IV)	Paper III – Community Health	PGHECT 18 (P-IV)	Paper III Family Clothing
PGHECT 14	Paper IV - Project	PGHECT 19	Paper IV - Project
PGHECT 15	Elective Paper (Any one)	PGHECT 20	Elective Paper (Any one)
	I - Family Psychology		I -Women Empowerment
	II - Health And Hygiene		II -Women and Health
	III- Child Rights and Social Action		III – Women and Law
	IV- Household Equipment		IV - Children with Special Need

M.A. HOME-ECONOMICS II YEAR

SYLLABUS

2024 -2025

Gondwana University, Gadchiroli									
Faculty of Humanities (NEP 2020)									
Two Year Regular Post-Graduate Program : M.A. Home - Economics -II									
SEMESTER- III									
Course and Examination Scheme 2024 -2025									
Paper Code	Name of Subject Major	Total Credits		Lecture (Theory) (L) Hours	Practical (P) Hours	University Assesmet (UA)	College Assessment (CA)	Total Marks	Minimum Passing Marks
		Theory/Practical							
PGHECT 11	Paper I – Home Management	4	-	60	-	80	20	100	40
PGHECT 12	Paper II – Marriage and Family Relationship	4	-	60	-	80	20	100	40
PGHECT 13 (P-IV)	Paper III – Community Health	2	-	45	-	40	10	50	20
			2		60	50	-	50	25
PGHECT 14	Paper IV - Project	4	-	60	-	75	25	100	40
	Elective Paper (Any one)								
PGHECT 15	I - Family Psychology	4	-	60	-	80	20	100	40
	II - Health And Hygiene								
	III- Child Rights and Social Action								
	IV- Household Equipment								
Total		18	2	285	60	405	95	500	205

Gondwana University, Gadchiroli

Faculty of Humanities (NEP 2020)

Two Year Regular Post-Graduate Program : M.A. Home - Economics -II

SEMESTER- IV

Course and Examination Scheme 2024 -2025

Paper Code	Name of Subject Major	Total Credits		Lecture (Theory) (L) Hours	Practical (P) Hours	University Assesmet (UA)	College Assessment (CA)	Total Marks	Minimum Passing Marks
		Theory/Practical							
PGHECT 16	Paper I – Consumer Marketing	4	-	60	-	80	20	100	40
PGHECT 17	Paper II – Advanced Housing and Interior Decoration	2	-	45	-	40	10	50	20
PGHECT 18 (P-IV)	Paper III Family Clothing	2	-	45	-	40	10	50	20
			2		60	50	-	50	25
PGHECT 19	Paper IV - Project	6	-	75	-	100	50	150	60
	Elective Paper (Any one)								
PGHECT 20	I -Women Empowerment	4	-	60	-	80	20	100	40
	II -Women and Health								
	III – Women and Law								
	IV - Children with Special Need								
Total		18	2	285	60	390	110	500	205

Gondwana University, Gadchiroli
M. A. HOME-ECONOMICS II (Semester –III)
Paper - I (Major)
HOME MANAGEMENT (PGHECT 11)
Credit - 04

Total marks – 100

Semester Examination - 80

Internal Assessments – 20

Time- 3 Hrs.

Objectives:

1. To create awareness about energy and time management.
2. To create awareness about health and recreation management.
3. Provision for the future.

Unit I

1. Home Management – Meaning and Definition
2. Time management: Introduction, important, technique, demand, leisure time.
3. Energy management: Introduction, importance, process, energy demand at different stages of Family Life cycle, Basal metabolism.
4. Fatigue – Physiological, Physical, Workload, Heart Rate (Pulse rate) as a measure of body stress.

Unit II

1. Posture - Concept, definition, Principles, Classification.
2. Ergonomics – Concept, definition, scope and nature in occupation.
3. Selection of household equipment according to ergonomics.

Unit III

1. Determinant of Management Process – Values, Goals and Standards.
2. Family Health and recreation management.
3. Contribution of public and private agencies in providing family health and recreation.
4. Annual Budget for family medical care and recreation.

Unit IV

1. Financial security of the family- introduction and definition
2. Saving scheme PPF, Bank, Insurance ,Chit fund
3. Investment - Guidelines, Rules of investment
4. Different ways of investment

Internal assessment

- | | |
|---|----------|
| 1. Assignment/ Seminar | 10 marks |
| 2. Educational Survey / Visit / Project | 10 marks |

References:

1. Bhargava Dr Bela 2005: Family Resource Management and Interior Decoration, University Book House Pvt. Ltd., ISBN-13 978-8187339229
2. Gupta Sushma 2018: Textbook of Family Resource Management: Hygiene and Psychology, Kalyani Publishers, ISBN-10 9327293975
3. Singh Dr Brinda 2020: Family Resource Management, Panchsheel Prakashan
4. Smith C. Jonathan 2002: Stress Management: A comprehensive handbook of techniques and Strategies, ISBN-13 978-0826149473
5. आवास एवं गृह सज्जा – करुणा शर्मा
6. आधुनिक गृह-व्यवस्थापन – उज्वला वैरागडे, प्रियंवदा लाटकर, विद्धुल्लता मुळे, विद्या बुक्स पब्लिशर्स, औरंगाबाद.
7. कौटुंबिक संसाधनाचे व्यवस्थापन आणि गृहसजावट - त्रिवेणी फरकाडे, सुलभा गोंगे, पिंपळापुरे अँड कं.पब्लिशर्स नागपूर.
8. गृह आणि आंतरिक सजावट - डॉ. लता ग. सावरकर प्रकाशक : मेसर्स रजनी प्रकाशन, नागपूर.
9. कौटुंबिक संसाधनांचे व्यवस्थापन आणि गृहसजावट -डॉ. मीना काळेले, पिंपळापुरे अँड पब्लिशर्स, नागपूर.
10. गृहव्यवस्थापन – डॉ. ज्योती गायकवाड, श्री मंगेश प्रकाशन श्री शांता दुर्गा निवास तरुण भारत जवळ, नागपूर
11. गृहअर्थशास्त्र प्रा. डॉ. भाग्यलक्ष्मी मुनशी, डॉ. नंदिनी जठार, पिंपळापुरे अँड कं. पब्लिकेशर्स नागपूर.
12. आधुनिक गृहव्यवस्थापन आणि गृहसजावट डॉ. विद्या कोल्हटकर विश्व पब्लिशर्स अँड डिस्ट्रीब्युटर्स नागपूर.
13. गृहव्यवस्थापन आणि आंतरिक सजावट – मेहरे, वसू, श्री मंगेश प्रकाशन नागपूर.
14. गृहव्यवस्थापन - क्षमा लिमये

M. A. HOME-ECONOMICS II (Semester –III)

PAPER – II (Major)

MARRIAGE AND FAMILY RELATIONSHIP (PGHECT 12)

Credit - 04

Total marks – 100

Semester Examination - 80

Internal Assessments – 20

Time- 3 Hrs.

Objectives:

1. To know about the concept and function of marriage.
2. To know what to do for a healthy relationship between husband and wife.
3. To know the status of the family and it's functioning.
4. To know how to adjust the family in adulthood and old age.
5. To know about the marriage laws.

Unit I

Marriage:

1. Concept, definition, functions.
2. Types of marriage.
3. Readiness for marriage or necessary factors for marriage
4. Husband wife relationship

Unit II

Family:

1. Definition and origin of family system,
2. Types of family: origin, defects, reasons for dissolution, attributes.
3. Functions of family: biological, physiological, economic, social, educational, entertaining, religious and cultural work.
4. The changing nature of the Indian family institution.

Unit III

1. Family stages: The beginning family, child bearing family, family with preschool children, family with teenagers.
2. Early adulthood: Characteristics, developmental task, barriers to acquisition of developmental work.

Unit IV

1. Middle adulthood: characteristics, professional and family adjustment, adjustment to changing family structure, professional and marital risk.

2. Marriage laws - Hindu marriage law, divorce and the law, dowry system and law & special marriage act 1954

Internal assessment

3. Assignment/ Seminar 10 marks
4. Educational Survey / Visit / Project Report 10 marks

Reference:

1. Human Development:: Dr. Neeta Agrawal, Dr. Akanksha Tripathi
2. Marriage and the Family – Linda J. Waite
3. Marriage and the Family - Marvin B. Sussman, Suzanne K. Steinmetz, Gary W. Peterson
4. कांडलकर, लिना. (1986). सुरक्षित मातृत्व. नागपूर: विद्या प्रकाशन.
5. कांडलकर, लीना.(2010) मानव विकास,विद्या प्रकाशन, नागपूर. प
6. कुलकर्णी, के. वि. (1977). शैक्षणिक व प्रायोगिक मानसशास्त्र. कोल्हापूर: मोघे प्रकाशन.
7. फरकाडे, त्रिवेणी.गोंगे, सुलभा. विवाह आणि कौटुंबिक संबंध. विद्या प्रकाशन, नागपूर
8. माने अमोल. यशस्वी जीवनाचा: "मुलमंत्र"
9. श्रीवास्तव निधी आणि निनामा, रक्षा. (2015). बालविकास एवं बालमनोविज्ञान. जयपूर: रितु पब्लिकेशन.
10. सपरा,रेखा.(2015). मानव विकास :एक परिचय ,विश्वभारती पब्लिकेशन,नई दिल्ली. .
11. बोरकर पुरुषोत्तम (2011). मानसशास्त्र मानवी वाढ व विकास पिंपळापुरे, नागपूर.
12. बोरुडे. कुमठेकर. देसाई. वैकासिक मानसशास्त्र
13. जाधव,के.एम (2014).वैकासिक मानसशास्त्र डायमंड पब्लिकेशन,पुणे.

M.A. Home-Economics –II (Semester-III)
Paper - III (Major)

COMMUNITY HEALTH (PGHECT13 P-3)

Credit - 4

Total Marks:100
College Assessment:10

Semester Examination : 40
Time- 2Hrs.
Practical Examination: 50

Objectives:

1. To enable students to impart Community Health education among rural and needy people.
2. To acquaint them knowledge regarding food security government and international program running in the field of community nutrition.
3. To understand the importance of community health in human life.
4. To familiarize the role of person in life for community health.

UNIT- I

Universal Nature of Community and Health

1. Community - Meaning, Definition
 - i. Sociological perspective
 - ii. Medical Science perspective
2. Health - Definition and Scope of health promotion
 - i. Personal responsibility
 - ii. Government responsibility
3. Community Health - Definition and Scope
4. Base of Public/ Community health- Primary Health principles in India

UNIT - II

Study of nutrients for good health

Introduction, classification, function, sources, daily need and deficiency effect of Nutrients and Preventive measures.

1. Macro nutrients- Proteins, Carbohydrates, Fats and Water
2. Micro nutrients
 - a. Vitamins
 - Water Soluble – vit. B complex – B1, B2, B3, B6, B12, Folic acid Vit. C
 - Fats Soluble- Vit. A,D,E,K.
 - b. Minerals - .
 - Major- i) Calcium ii) Phosphorus iii) Iron
 - Minor- i) Sodium ii) Iodine

3. Fibers –Health benefits of Fibers.

UNIT - III

Community Health services

1. Nursing and Health centres - Community Nursing, Therapists
2. Health related Allied professions -. Meaning and Types
3. Camps and campaign - Types and Outcomes of health
4. Diversity of Community Health services

UNIT - IV

1. Health and family Welfare in India
 - a. National Organizations / Agencies working towards Food and Nutrition- ICMR, NIN
 - b. International Organizations / Agencies working towards Food and Nutrition- FAO, WHO, UNICEF, CARE

Internal assessment–

Assignment/Activity 10 marks

Practical

1. Protein Energy rich dishes for Protein Energy Malnutrition - Soya Paratha, Rajma Uasal, mug dal Halwa, Rava Besan Barfi. (Any two)
2. Iron rich dishes for Anaemia- Bajri mug dal jwar Khichadi, Nachani Aambil, Jaggery nuts chikki, Nachni Upma, Beet Paratha. (Any two)
3. Vitamin A rich dishes for Vitamin A Deficiency – Mix Vegetable Sup, Mix Vegetable Paratha , Jawar tomato chilla (Dhirde) , Carrot Achar (Any two)
4. Iodine rich dishes for Iodine Deficiency Disorder – Corn Bhel, Potato Paratha, and Strawberries fruit Salad / Smoothie / cup cake, Corn Potato catlets.
5. Visit to Community Health centre / services / Program / Organization and Report.

Practical Exam

Total Marks -50

- | | |
|--|------|
| 1. Preparation & presentation(Two Dishes) | - 20 |
| 2. Nutritive value and cost Calculation | - 15 |
| 3. Record book | - 04 |
| 4. Viva | - 06 |
| 5. Visit Report | - 05 |

References :-

1. Annache Vidhyan Poshanshastra, Manjusha Molwane, Aatmbhan Publication, Hingoli.
2. Aaroghya Aani Samaj, Prabhakar Kulkarni, Daimond publications, Pune.
3. Aharshatra:Asha Deuskarand Saral Lele,Nagpur
4. Cookery: Geeta Singh, Maharashtra Granth Nirmiti Mandal
5. Scieene in kitchen:Varsha Johi,Rohan Prakashan,Pune
6. Aharshastra, Manjusha Molwane, Kailash Publication, Aurangabad.
7. Aharopchar ani Samudaik Poshan,Shobha Vaghmare
8. Poshan aani Aahar, Shobha Vaghmare,Vidhya Book Publisher, Aurangabad.
9. Poshan v aaharshastra Parichay, Saral Lele, Pimplapure Publication, Nagpur.
10. Aharavishyi Sare Kahi, Vasumati Dhur.

M.A. Home Economics –II (Semester-III)
Paper IV

RESEACH PROJECT - I (PGHECT14)

Credit - 4

Total marks -100

Project Report (UA) - 75

Internal Assessment - 25

Objectives:

- To understand the basic concept of research project as a learning method of subject in detail.
- To understand the purpose, use and mechanism of a research project.
- To prepare socially workable research design, implementation the research plan.
- To develop research skill to solve social problems of community.

Research Scheme

1. Introduction of problem.
2. Objectives and hypotheses.
3. Design of study.
4. Collection of data
5. Processing of-Classification, Tabulation
6. Diagrammatic and graphical Presentation of data
7. Interpretation of data and conclusions
8. Report Writing
9. Report preparation and submission
10. Assessment of research project by external examiner

Internal assessment –

Prepare synopsis 25 marks

Suggested reading;

1. Dr. Barve B.N. (2010) : Research methods in Psychology, Vidya pub. Nagpur.
2. Bhandarkar P.L.: Research methodology in social science
3. Kothari, C.R. (1993): Research Methodology: Methods and Techniques,
4. Wiley Eastern Ltd, New Delhi .
5. Mishra R.P: Research methodology
6. Dr. Devdas Rajmmal : A handbook of Research Methodology.
7. Mouley G. J. : The science of Educational research.

M. A. HOME ECONOMICS - II (Semester –III)

**Paper –V
(ELECTIVE PAPER – I)**

FAMILY PSYCHOLOGY (PGHECT15)

Credit - 04

Total marks – 100

Semester Examination - 80

Internal Assessments – 20

Time- 3 Hrs.

Objectives:

- To inform the characteristics of the family.
- Explain the Importance of Family relationships for good health.

Unit -I

1. What is family : family types, characteristics
2. Education , Income
3. family structure
4. family life cycle stages , family contexts

Unit -II

1. Family relationship and well being
2. Pathways linking relationship to well being
3. Marital relationship
4. Race- ethnicity and SES (socio economic status) Heterogeneity

Unit - III

1. Intergenerational relationship -Parents, Adult, Children, Grandparents
2. Sibling relationship

Unit - IV

1. Psychology of family
2. The relation of gender sameness
3. Sex difference in parenting
4. Sex difference in grand parenting
5. Sex difference in – laws

Internal assessment

- | | |
|--|----------|
| 5. Assignment/ Seminar | 10 marks |
| 6. Educational Survey / Visit / Project Report | 10 marks |

References:

- स्त्री मानसशास्त्र : सौ. मालती तुळपुळे , महाराष्ट्र विद्यापीठ ग्रंथनिर्मिती मंडळ, नागपूर
- मानसशास्त्रीय अध्यापन आणि विकासाचा दृष्टीकोन : सौ. शैलजा भंगले, डॉ. रंजना सोनावणे, डॉ. संगीता महाजन , प्रशांत पब्लिकेशन,जळगाव
- Personality Development - D. P. Sabarwal
- Yashashvi Jeevnasathichi Kaushalye - Alka Wadkar

M. A. HOME ECONOMICS - II (Semester –III)
ELECTIVE PAPER – II

HEALTH AND HYGINE (PGHECT15)

Credit - 04

Total marks – 100

Semester Examination - 80

Internal Assessments – 20

Time- 3 Hrs.

Objectives:

1. To provide information on essential factors for maintaining good personal health
2. To create awareness about mental health
3. To create awareness about communicable diseases
4. To provide information about immunity government schemes

Unit I

1. Health and Hygiene - Introduction and definition
2. Personal hygiene - Introduction and definition
3. Hygiene of skin , eye
4. Factors affecting good health - habit, rest and sleep, cleanliness, exercise, clothes, sex education.

Unit II

1. Mental hygiene – Introduction and definition
2. history Causes of mental illness
3. Types of mental illness
4. Preventive measures

Unit III

Infectious disease:

1. History, definition
2. Modes of transmission : Direct , Indirect , Carriers
3. Control of infection
4. Chicken pox, Measles, Tetanus - symptoms, prevention measures

Unit IV

1. Air and ventilation – Introduction, concept, functions and properties
2. Impurities of air – effects on health, Prevention and Impurities removal system.
3. Examination of air

Internal assessment

- | | |
|--|----------|
| 1. Assignment/ Seminar | 10 marks |
| 2. Educational Survey / Visit / Project Report | 10 marks |

References:

1. आरोग्यशास्त्र: प्रा. कुसुम जुन्नकर, निलेश प्रकाशन
2. स्वास्थ्य के प्रयोग सिद्ध उपाय : हेच सिमेंटकल, एस बी व्हाईटहेड, सोशल पास्को- ओरिएंटल वॉचमन पब्लिशिंग हाऊस
3. Health and hygiene : Shri Swami Shivanand
4. पांढरे डाग : डॉ. मो. य. परांजपे ,प्रकाशक- केशव विष्णू कोठावळे, मॅजेस्टिक बुक स्टॉल ,गिरगाव मुंबई
5. पारिवारिक स्वास्थ्य ,: मनी शंकर शर्मा, नवयुग प्रकाशन दिल्ली

M. A. HOME ECONOMICS –II (Semester –III)

(ELECTIVE PAPER – III)

CHILD RIGHTS AND SOCIAL ACTION (PGHECT15)

Credit - 04

Total marks – 100

Semester Examination - 80

Internal Assessments – 20

Time- 3 Hrs.

Objectives:

1. To do a situational analysis of the vulnerable children.
2. To study the various groups of vulnerable children.
3. To study the various interventions at both national level and at the international Level.

Unit - I

1. Vulnerability and Situational Analysis of Vulnerable Children
 - a. Concept of vulnerability
 - b. Situations contributing to vulnerability of children: family, society, economy
 - c. Vulnerability induced due to development and global factors, disasters, wars and conflicts
 - d. Trafficking of children.

Unit –II Vulnerable Children

1. Destitute and orphan children
2. Child labour
3. Street children
4. Children with special needs/differently-abled children
5. The girl child
6. Children of women in commercial sexual exploitation
7. Children of chemically dependent parents
8. Children infected/affected by HIV/AIDS
9. Sexually abused children

Unit –III Interventions

1. Approaches: Curative, preventive, primitive
2. Institutional services: Residential homes for children – Shelter homes, aftercare homes, homes for special children, SOS, Balgram villages (Role of caregivers, Issues in residential care)
3. Non-Institutional services: Sponsorship, day/night care centres, foster care, adoption
4. Campaigns and civil society initiatives, QICCA

Unit - IV Initiatives in Child Rights

1. International Initiatives in Child Rights

- a. United Nations“ Convention on the Rights of the Child”
- b. Beijing Rules
- c. International initiatives in child protection and child rights

2. National Initiatives in Child Rights

- a. Juvenile Justice (Care and Protection of Children) Act, 2015
- b. Child Labour (Prohibition & Regulation) Amendment Act 2016
- c. Immoral Traffic (Prevention) Act, 1986 and Immoral Traffic (Prevention) Bill, 2006
- d. Prevention of child sexual offences (POCSO)

Internal assessment

- | | |
|---|----------|
| 7. Assignment/ Seminar | 10 marks |
| 8. Educational Survey / Visit / Project | 10 marks |

References :

1. Unicef: The State Of The World's Children 2000. Oxford. Unicef, 2000.--(362.7UNICEF)
2. Unicef: The State Of The World's Children 2005.New York. Unicef, 2005. 92-806-3817-3--(362.7UNICEF)
3. Unicef: Rescue And Rehabilitation Of Child Victims Trafficked For Commercial Sexual Exploitation.. New Delhi. Ministry Of Human Resource Development, 2005.--(362.7UNI)
4. Kumari Ved & Brooks Susan L: Creative Child Advocacy : Global Perspectives.. New Delhi. Sage Publications, 2004. 0-7619-3241-0 Rs.395--(362.7KUM/BRO)
5. Sarada D & Rajani N: Child Rights And Young Lives.. New Delhi. Discovery Publishing House, 2010. 978-81-8356-435-9 Rs.995--(362.7Sar/raj)
6. Goa Initiative Mainstreaming Child Rights: Status Of Children In Goa : An Assessment Report-2007.. Goa. Goa Initiative For Mainstreaming Child Rights, 2007. Rs.105-- (362.7GIMCR)
7. Sonawat Reeta & Dholakia Sweta: Young children's right to learning, participation and development. Udaipur. Multi tech Publishing, 2008.--(362.7SON)
8. Naidu Y Gurappa: Child rights, law and development - emerging challenges. New Delhi.Serials Publications, 2012. 978-81-8387-566-0--(362.7NAI)
9. UNICEF: Preventive strategies for child protection : Practical guide to form and strengthen ;child protection committees. New Delhi. United Nations Children's Fund, 2013.--(362.7UNI)
10. Adenwalla Maharukh: Child rights and law : a guidebook for legal interventions. Mumbai.Child Line, 2002.--(362.7ADE)

M. A. HOME ECONOMICS – II (Semester –III)

(ELECTIVE PAPER – IV)

HOUSEHOLD EQUIPMENT (PGHECT15)

Credit - 04

Total marks – 100

Semester Examination - 80

Internal Assessments – 20

Time- 3 Hrs.

Objectives

1. To learn the integration of physics and its application in the household equipment.
2. To have a fair knowledge about the household Equipment's, their selection and Classification.
3. To learn their Working Principles and maintenance.

UNIT-I

A) Mechanics:

1. Simple Machine
2. Lever

B) Forces: centripetal and centrifugal forces spin dryer in washing machine

C) Frictions: Advantages and disadvantages, concept of ball bearing in sewing machine & vacuum cleaner

D) Heat:

1. Introduction to heat
2. Application in heat transfer
3. Refrigerator

E) Light:

1. Introduction to light
2. Theories of light , reflection& refraction
3. Colour-Sources of colour, responses of eye to colour

UNIT-II

F) Electricity:

1. Basic electricity, units of electric measurements,
2. Ohm's Law series and parallel connections

F) Effects of electricity:

1. Fuse circuit breaker, thermostat, bimetallic and hydraulic automatic steam iron,
2. Toaster, hot plate, water heater , water boiler

UNIT-III

G) Choice and care of motor driver appliances:

1. Mixer, Blender, Hair dryer
2. Washing machine and dryer

UNIT-IV

H) Classification, selection, use and care of house hold equipment:

1. Portable and Non-Portable
2. Electrical and motor driven/ Non electrical
3. Food Related
4. Laundry: Washing machine
5. Cleaning: Vacuum Cleaner
6. Recreation
7. Hair dryer
8. Certification and Guarantee

Internal assessment

- | | |
|--|----------|
| 9. Assignment/ Seminar | 10 marks |
| 10. Educational Survey / Visit / Project | 10 marks |

RECOMMENDED READING:

1. Johnson J B ,Equipments for Modern Living: The McMillon Company
2. Mohini Sethi: Catering Management An Integrated Approach, Wiley Eastern Ltd
3. Poet L : Household Equipment New York, Wiley Eastern Ltd
4. Vargese M A : Household Equipment Mannual Bombay, SNTD Womens University
5. Jain,S.K. (2019), Electrical Home Appliances, Bhartiya Technical Publication.

M. A. HOME ECONOMICS – II (Semester – IV)

Paper- I Major

CONSUMER MARKETING (PGHECT16)

Credit - 04

Total marks – 100

Semester Examination - 80

Internal Assessments – 20

Time- 3 Hrs.

Objectives:

1. To Understand the Fundamentals of Consumer Marketing.
2. To Explore Advertisement and Its Regulatory Environment.
3. To Analyse the Concept and Functions of the Market.
4. To Examine Digital Marketing and Marketing Management.
5. To Understand Pricing Policy and Its Impact on Consumers.

Unit I

Fundamentals of Consumer Marketing

1. Introduction, Definitions and significance of Consumer Marketing
2. Evolution and scope of consumer marketing

Advertisement

1. Meaning, objectives, Medium, Advantages and disadvantages of Advertisement
2. Control over advertisement – i) By Government ii) Tenders Association

Unit II

1. Market: meaning, functions, importance of market
2. Classification according place competition of market
3. Monopoly, community utility

Unit III

Digital marketing

1. Meaning, concept, Advantages and methods.
2. Management, planning and program.

Unit IV

1. Pricing policy : what is price, importance of price for consumer
2. Objectives of price policy
3. Process of price policy
4. Factors affecting on pricing policy

Internal assessment

1. Assignment/ Seminar 10 marks
2. Educational Survey / Visit / Project Report 10 marks

Reference :

- Consumer buyer economics - Dr Sunanda sonarika
- Economics for consumer – L. J. Jordan
- Consumer economic - J. N. Morgan
- Samudaik Vikas,Vistar Shikshan v Mhila Sablikaran, Uajwala Vairagade, Viddulata Mule.Vidya Book publishers , Aurangabad.
- Sales and advertising - Guass
- Principles of system of marketing management – Dr. Prakash Somalkar, sahitya Kendra, Nagpur
- मार्केटिंग तंत्र आणि मंत्र: महेश घाटबांधे, जोगेंद्र ठाकूर प्रकाशक, मुंबई
- विपणन जाहिरात व विक्री कला – जोशी, पाटणकर, पिंपळापुरे प्रकाशन, नागपूर

M. A. HOME ECONOMICS – II (Semester – IV)

Paper –II Major

ADVANCE HOUSING AND INTERIOR DECORATION (PGHECT17)

Credit - 02

Total marks – 50

Semester Examination - 40

Internal Assessments – 10

Time - 2 Hrs.

Objectives:

- To describe the basic concept of interior decoration.
- To design art draft skilfully.
- To inspire the students to choose their carrier in this field.

Unit I

1. Meaning and definition of house decoration
2. Concept and scope of interior decoration
3. Carrier in Interior decoration
4. Basic features of interior decoration: simplicity, spaciousness, suitability & sympathy

Unit II

1. Interior maintenance of home: aesthetically, functionally and hygienically.
2. Furniture an important component of interiors
3. Modern trends wrought iron, syntax, press wood, cane and moulded furniture.

Unit III

1. Landscaping – Meaning, Definition and Importance.
2. Approaching landscape design with an artistic touch- space, line, form, texture, light, colour, balance, rhythm, Scale and proportion.
3. Selection of landscape plants, structures and lighting ornaments.

Unit IV

Decoration accessories

1. Wallpaper, fish aquarium
2. Photos , Lamination
3. Ceramic, mural and ceiling panels , poly panels, lights

Internal assessment

1. Assignment/ Seminar 10 marks

Reference:

1. गृह व्यवस्थापन मंजू पाटणी
2. आवास एवम गृह सज्जा करुणा शर्मा
3. Chauhan, M., Bose, K. (2007). A History of Interior Design in India. India: SID Research Cell, School of Interior Design, CEPT University.
4. Encyclopedia of interior design
5. Management and family living , nickel and Dorsey
6. [Www.satyabama.ac.in](http://www.satyabama.ac.in)

M. A. HOME ECONOMICS – II (Semester – IV)

Paper – III

FAMILY CLOTHING (PGHECT18 P-4)

Credit - 04

Total marks – 100

Semester Examination -40

Internal Assessments – 10

Time - 3 Hrs.

Practical Examination - 50

Objectives:

1. To convey the importance of textile science to the students.
2. To give knowledge about the choice of clothes.
3. To increase the durability of clothes.
4. To inform choice of clothing selection according to age.

UNIT I

1. Importance of textile science
2. Factors affecting on selection of clothing - Suitability, durability, service ability, weather and climate, colour aesthetic aspect, wash ability care and storage.

UNIT II

1. Care and storage of clothing - Immediate repairing, stain removal, laundering appropriate laundering procedure, cleaning materials, appropriate drying, proper ironing.
2. Sociological and physiological significance of clothing and their selection.

UNIT III

1. Selection of special fabrics, bed sheet, pillow cases, table cloth, napkin bed cover and towels.
2. Curtains and draperies, blankets, carpets, upholstery.

UNIT IV

1. Selection of cloths to wear according to age.
2. Removing various types of stains from clothes.

Internal assessment

1. Assignment/ Seminar 10 marks

Practical

1. Renovation of clothes or House hold clothes (Any two of the following)
Fancy Bag, Baby Garments, Mobile cover, Dish cover, Table cloth, Curtains, Household Equipment cover.
2. Fabric printing and painting (Any four)
Bandhani, Madhubani, Kalamkari, Batik, Stencil, Block, Brush painting

Practical Exam

1. Record Book and sample	- 10
2. Stitching of cloths (any one) Drafting, Cutting and finishing	- 24
3. Fabric painting Sample (any one)	- 10
4. Viva	- 06
	<hr/>
Total	50

References:-

- 1) Adhunik gruh vyavsthapan, Ujwala Vairagde, Priyamvada Lathkar, Vidya Book Publishers, Aurangabad.
- 2) Vastrashastrachi sanklpna v Fashion Designing Ujwala Vairagde, Anvita Agrawal, Vidya Book Publishers, Aurangabad.
- 3) Fashion Designing, Saroj Zanjali, Pimplapure Book Distributors, Nagpur.
- 4) Vastrashastra Parichay, Indira Khadse, Class X, Himalaya Publishing House, Nagpur.
- 5) Vastrashastra, Vimal Adhau.
- 6) Dr. Premila Verma -Vastra Vidya evam Paridhan.
- 7) Dr. Vrunda Sing – Vastra Vidyaevam Paridhan.
- 8) Dr. Kshama Limaye – Vastrashastrachi Rupresha, Standard Publications, Nagpur.
- 9) Varsha Ghatpande, Vanita Kulkarni, - Vastrashastrachi Multatvve, Sheth Publications, Mumbai.
- 10) Text Book of clothing & Textile by Sushma Gupta, Neeru Garg, Renu Saini, Kalyani Publishers, Ludhiana.
- 11) Ritu Jindal – Hand Book for fashion designing Mittal Publication, New Delhi
- 12) Zarapkar K. R. Zarapkar Systems of Cutting, Part 1&2 Navneet Publications (India) Limited, Mumbai.

M. A. HOME ECONOMICS – II (Semester – IV)

Paper – IV

RESEACH PROJECT – II (PGHECT19)

Credit - 06

Total marks – 150

Research Report (UA) - 100

Internal Assessments -50

Objectives:

1. To understand the basic concept of research project as a learning method
2. To understand the purpose, use and mechanism of the research project.
3. To prepare socially workable research design, implementation the research project.
4. To develop research skill to solve social problems of community.
5. To develop experienced research scholar in higher education.

Research Report - 100 Marks

Research Report [sample 100-200]

[Chapters Scheme of report writing]

1. Introduction of problem Background
 - I. Objectives and hypotheses.
2. Review of literature
3. Design of study and Collection of data
4. Analysis of collected data
 - I. Processing of Classification, Tabulation
 - II. Diagrammatic and graphical Presentation of data
5. Interpretation of data and conclusions
6. Abstract /References
7. Report Writing
8. Report preparation and submission
9. Assessment of research project by external examiner

Internal Assessments -

Research Paper with presentation – 50 Marks

Suggested reading;

1. Dr. Barve B.N. (2010) : Research methods in Psychology, Vidya pub. Nagpur.
2. Kothari, C.R. (1993): Research Methodology: Methods and Techniques,
3. Mishra R.P: Research methodology
4. Dr. Devdas Rajmmal : A handbook of Research Methodology.
5. Mouley G. J. : The science of Educational research
6. आगलावे, प्रदीप. (2015). सामाजिक संशोधन पद्धतीशास्त्र व तंत्रे. नागपूर: श्री साईनाथ प्रकाशन.
7. कऱ्हाडे, बी. एम. (2018). शास्त्रीय संशोधन पद्धती. नागपूर: पिंपळापूरे पब्लीशर्स.
8. कोलते, एस.एम. (2014). सांख्यिकी तत्व आणि व्यवहार. नागपूर: पिंपळापूरे पब्लीशर्स.
9. जगताप, ह. ना.(2022).शैक्षणिक संशोधन. , कोल्हापूर; फडके प्रकाशन.
10. देशमुख,राम. (2011). मुलभूत सांख्यिकी. नागपूर: विद्या प्रकाशन.
11. बोधनकर, सुधिर, अलोणी, विवेक आणि कुलकर्णी, मृणाल. (2007). सामाजिक संशोधन पद्धती. औरंगाबाद: साई प्रकाशन.
12. भांडारकर, पु. ल. (1987). सामाजिक संशोधन पद्धती. नागपूर: महाराष्ट्र विद्यापीठ ग्रंथनिर्माती मंडळ.

M. A. HOME ECONOMICS –II (Semester – IV)

Paper – V
(ELECTIVE PAPER – I)

WOMEN EMPOWERMENT (PGHECT20)

Credit - 04

Total marks – 100

Semester Examination -80

Internal Assessments –20

Time- 3 Hrs.

Objective :

1. Define and comprehend the concept and significance of women empowerment.
2. Evaluate the legal, social, educational, political, and economic status of women, with a focus on India.
3. Investigate strategies for women's empowerment in education, health, employment, and other key areas.
4. Evaluate the impact of media on women's empowerment.
5. Study the concept and objectives of Entrepreneurship Development Programs (EDPs).
6. Explore entrepreneurial opportunities in home economics education.

Unit – I

Women Empowerment

1. Introduction, Concept and Definition
2. Advantages , Objectives and Dimensions of Women Empowerment
3. National mission for Empowerment of women (NMEW)
4. National Policy for Women Empowerment (NPEW) and its objectives

Unit – II

Status of women

1. **Status of women** - Legal status, Social status, Educational status, Political status, Economic Status, Women in India Status
2. **Strategies for women's Empowerment** – Education, Nutrition and Health, Employment, Agriculture and Allied Activities, Supportive Services, Social Justice and Legislation, Participation of voluntary organisations, Women headed households.
3. Gender Empowerment Measure

Unit – III

1. Women's Economic Empowerment – Agriculture, Industry

2. Educational Empowerment –Literacy Rate, Right to Education(RTE)
3. Health Empowerment –Health Policy, Health Care Services, Nutrition
4. Women and Law - Role of Family Court, Legal Aids Centres
5. Women Empowerment & Media.

Unit – IV

1. Entrepreneurship Development – Meaning, Definition, need and characteristics
2. Entrepreneurship Development Programme (EDP) – Concept , Need , Objectives
3. Opportunities of Entrepreneurship in Home Economics Education
4. Institutions implementing Entrepreneurship Development – National level, State level, Voluntary Organization

Internal assessment

1. Assignment/ Seminar 10 marks
2. Educational Survey / Visit / Project Report 10 marks

References:

1. Samudaik Vikas,Vistar Shikshan v Mhila Sablikaran, Uajwala Vairagade, Viddulata Mule.Vidya Book publishers , Aurangabad.
2. Gruh Vidnyan Vistar, Triveni Farkade, Sulbha Gonge, Piplapure, Nagpur
3. Samudaik Vikas ani Vistar Shikshan, Baba Tijare, Ajay Kinkhedkar.

M. A. HOME ECONOMICS-II (Semester – IV)

**Paper – V
(ELECTIVE PAPER – II)**

WOMEN AND HEALTH (PGHECT20)

Credit - 04

Total marks – 100

Semester Examination -80

Internal Assessments –20

Time- 3 Hrs.

Objective :

1. Highlighting Women's Health as a Gender-Specific Issue.
2. Improving Access to Health Care Services.
3. Addressing Critical Health Issues Specific to Women.
4. Promoting Holistic Health and Community Involvement.

UNIT I: CONCEPTUALIZING WOMEN'S HEALTH

1. Health as a Gender Issue
2. Status of Women's health in India
3. Maternal Morbidity
4. Infant Mortality
5. Life Expectancy
6. Fertility.

UNIT II: ACCESS TO HEALTH CARE SERVICES

1. Maternal and Child health Services in India
2. Food and nutrition
3. Anaemia
4. Pre-natal care,
1. Factors Influencing Women's Health.

UNIT III: CRITICAL ISSUES IN WOMEN'S HEALTH

2. Sexual and Reproductive health
3. Mental health
4. Occupational health
5. Environmental health
6. Family planning
7. Impact of violence on women's health.

UNIT IV: INDIVIDUAL AND COMMUNITY HEALTH

1. Parameters of individual and community health – concept of holistic health; Physical and Psychological implications of health of Women
2. Health Care Needs of Women – Personal Hygiene – Role of Individuals, Role of family and role of State – Legislative measures and Enforcement Agencies.

Internal assessment

1. Assignment/ Seminar 10 marks
2. Educational Survey / Visit / Project 10 marks

REFERENCES:

1. Das Gupts Monica & Krishnan T.N. (1998). "Women and Health". Oxford, New Delhi.
2. J.R. Park and K.Prak. (1983). "Text Book of Preventive and Social Medicines". Habalpure, M.S.Banarside.
3. K.AjitDalal and Subha Ray. (2005). "Social Dimensions of Health". Rawat Publications, Jaipur.
4. KrishnarajMaithrey (ed). (1999). "Gender, population and development". Oxford, New Delhi.
5. Mohan Rao (Ed). (2004). "The Unheard Scream: Reproductive Health and Women"s Rights in India". Zubaan, New Delhi.
6. Rosalind Pollack Petchesky. (2003). "Gendering Health and Human Rights". Jed Book, London.
7. Shukla P.K. (1982). "Nutritional Problems of India". Prentice Hall of India, New Delhi.
8. Swaminathan M. (1986). "Principles of Nutrition and dietetics". Bangalore printing and publishing, Bangalore.

M. A. HOME ECONOMICS –II (Semester – IV)

Paper – V

(ELECTIVE PAPER – III)

WOMEN AND LAW (PGHECT20)

Credit – 04

Total marks – 100

Semester Examination -80

Internal Assessments –20

Time- 3 Hrs.

Objective :

1. Understanding Constitutional Provisions and Human Rights.
2. Comprehending Family and Marriage Laws.
3. Addressing Gender-Based Violence and Employment Laws.
4. Examining Women's Rights under Criminal Law.

UNIT I: CONSTITUTIONAL RIGHTS OF WOMEN IN INDIA

1. Indian constitution relating to women – Fundamental rights – directive principles of state policy – rights to equality – rights against exploitation – cultural and educational rights – the right to constitutional remedy.
2. Universal Declaration of Human Rights, Enforcement of Human Rights for women and children Role of Cells and Counseling Centers – Legal AID cells – Help line – State and National level Commission

UNIT II: LAWS RELATED TO FAMILY AND MARRIAGE

1. Rights inside the family: Personal laws, Laws of Marriage (Hindu and Muslim) registration of Marriages , Minimum age at marriage, Special Marriage act 1954, Divorce Laws, Judicial Separation and Divorce, Hindu Divorce Laws, Muslim Divorce Laws.
2. Women and Property Rights including Right to Succession and Inheritance (with reference to Hindu and Muslim Laws)
3. Issues & Rights related to abortion (Medical termination of pregnancy) Domestic violence, Dowry prohibition Act, family court act 1986.

UNIT III: LAWS RELATED TO GENDER BASED VIOLENCE AND WORK

1. Laws against violence & sexual crimes: eve teasing, rape, indecent representation of women, abduction and kidnapping – Immoral trafficking – prevention of sati – Devdasi act.

2. Laws for working women: Labor law relating to women – minimum wages act, - Equal wages & Equal remuneration – Maternity benefit & child care – ESI – sexual harassment at work place and visakha Judgment.

UNIT IV: WOMEN AND CRIMINAL LAW

1. Indian penal code, 1860 – Bigamy (Sec - 494), Adultery (Sec- 497), Rape (Sec- 375,376), Cruelty to Wife (Sec – 498-A); Criminal Procedure Code, 1973 – Information in Police,
2. Protection in cases of Arrest and Detention of Women in Police Lockup, Search of place where women is residing and search of arrested female, Police Officers Power to require attendance of women witness; Trial in Camera.

Internal assessment

1. Assignment/ Seminar 10 marks
2. Educational Survey / Visit / Project 10 marks
- 3.

REFERENCES

1. Anjani Kant, 2008, Women and the Law, A.P.H Publishing Corporation, New Delhi.
2. Anu Saksena, 2004, Gender and Human Rights, Shipra, New Delhi
3. Arunima Baruah, 2004, The Soft Target-Crime Against Women, Kilaso Books, New Delhi
4. Dr.Dalbir Bharathi, 2008, Women and the law, A.P.H Publishing Corporation, New Delhi.
5. P.D. Kaushik, 2007, Women Rights- Access to Justice, Book well, New Delhi.
6. IAWS, 1994, The State and The Women's Movement in India, IAWS, Delhi
7. National Commission for Women, 2001, Gender Equity-Making it Happen – Strategies and Schemes of Government of India, NCW, New Delhi

M. A. HOME ECONOMICS –II (Semester – IV)
Paper – V
(ELECTIVE PAPER – IV)
CHILDREN WITH SPECIAL NEEDS (PGHECT20)
Credit - 04

Total marks – 100

Semester Examination -80

Internal Assessments –20

Time- 3 Hrs.

Objectives:

1. Develop personalized learning plans that cater to the unique abilities and challenges of each child.
2. Foster an inclusive educational setting that supports the participation and success of all students.
3. Enhance cognitive, social, and life skills to promote independence and self-reliance.
4. Support emotional well-being and social interactions to build self-esteem and interpersonal relationships.
5. Ensure access to a broad and balanced curriculum that enables academic progress.

Unit - I

1. Special needs children
 - 1.1. Introduction , Definition, Meaning
 - 1.2. Objectives of the education of children with special needs
 - 1.3. Classification of Students with Special Needs
 - a. Physical impairment : Students with Locomotors Disability
 - b. Students with Visual Impairment
 - c. Students with Hearing and Speech impairment
 - d. Students with Low Mental Ability
 - e. Students with Learning Disability
 - f. Gifted and Talented Students
2. Learners with special educational needs (SEN)

Unit- II

Shifting models of disability: historical progression

1. The Charity Model
2. The Bio-centric Model
3. The Functional Model
4. The Human Rights Model

Unit- III

Educational provisions for children with special needs

1. Integrated Education
2. Legislation
3. Changing Role of Special Schools
4. Inclusive Education
5. Benefits of Inclusion for Students without Special Needs
6. Benefits of Inclusion for Students without SEN

Unit- IV

1. Curricular issues and concerns - The Purpose
2. Early Intervention and Preschool Programme for Children with SEN
3. Planning and Managing an Inclusive Curriculum in Schools
4. Access to an Inclusive Curriculum
5. Teaching Practices
6. Content Areas
7. Work Education
8. Evaluation
9. Resources
10. Staff Development

Internal assessment

1. Assignment/ Seminar 10 marks
2. Educational Survey / Visit / Project 10 marks

References:

1. https://ncert.nic.in/pdf/focus-group/special_ed_final1.pdf
2. Advani, L. (2002). "Education: A Fundamental Right of Every Child Regardless of His/Her Special Needs". Journal of Indian Education; Special Issue on Education of Learners with Special Needs. New Delhi: NCERT.
3. Anita, B.K. (2000). Village Caste and Education. Jaipur: Rawat Publications.
4. Department of Education (2000). Sarva Shiksha Abhiyan: A Programme for Universal Elementary Education. New Delhi: MHRD, GOI.
5. DPEP (2000). Empowerment through Education: Identification and Enrolment of children with Special Needs in DPEP. New Delhi: Education Consultant of India Limited.
6. Hegarty, S. and M. Alur (eds) (2002). Education and Children with Special Needs. New Delhi: Sage.
7. Malhotra, S (2003) Management of Attitudinal Barriers at different levels of inclusive education implementation. Paper presented in the National Seminar on Innovative Approaches to Education and Empowerment of the Disabled. NCERT, 2003.
8. Puri, M. and Abraham, G. (eds) (2004). Handbook of Inclusive Education for Educators, Administrators, and Planners. New Delhi: Sage.

9. Rehabilitation Council of India (2000). Status of Disability in India (2000). New Delhi: Rehabilitation Council of India.
10. Rehabilitation Council of India (2001). Status of Disability in India (2001). New Delhi: Rehabilitation Council of India.
11. Rioux, M.H. and Mohit, A. (2005). Human Rights Disability and Law: National Human Rights Commission. New Delhi.